



# *Press Release*

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Contact: David Egee, (202) 547-1250  
[degee@nmhf.org](mailto:degee@nmhf.org); [www.nmhf.org](http://www.nmhf.org)

## **NMHF to Host DC's First Ever High School Sailing Regatta**

Washington, DC – The National Maritime Heritage Foundation (NMHF) today announced it will host Washington, D.C.'s first ever Interscholastic High School Sailing Regatta. Teams from NMHF's National Capital High School Sailing Program will participate in the regatta. The event will take place Sunday, May 22nd on the Anacostia River at the Matthew Henson Center, 2000 Half St. SW, Washington DC.

“High school sailing is one of the fastest growing sports in the country so it is exciting to bring the sport to students in the nation’s capital,” said NMHF Program Director David Egee. “We’ve seen a great amount of enthusiasm from area high school students since the program started and we look forward to holding the very first high school regatta in D.C.”

The National Capital High School Sailing Program is the first interscholastic competitive sailing program for Washington, D.C. area students and is open to all full-time high school students in the national capital area. The program, established this year, is made up of teams from Dunbar Senior High School, Sidwell Friends School, T.C. Williams High School, and Woodrow Wilson Senior High School.

The regatta will be raced in Club FJ sailing dinghies. The pre-race meeting is scheduled for 10:00 am and the last race must start before 4:00 pm. The race committee will run as many races as time and weather conditions permit. Teams from high schools in Annapolis, Maryland and Solomons Island, Maryland have been invited to participate.

The National Maritime Heritage Foundation is a 501(c)(3) non-profit corporation dedicated to enhancing lives and inspiring young minds through comprehensive sailing and maritime education programs. NMHF is committed to providing the local community opportunities and access to the Anacostia and Potomac Rivers while stimulating economic and cultural community development along Washington's waterfront.

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